



CADEIRLAN
LLANELWY
ST ASAPH
CATHEDRAL

ARDAL CENHADAETH
ELWY
MISSION AREA



An induction loop is provided. To use, please turn your hearing aid to T.

Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

30TH MAY 2021 – TRINITY SUNDAY

TODAY'S SERVICES:

9.30am The Parish Eucharist

at the Parish Church

11am The Cathedral Eucharist

Mass: Mass of St Thomas, David Thorne

Psalm: 29

Hymns: 146; 271(omit v.2); 466

Motet: Laus Trinitati, Hildegard of Bingen

Preacher: The Cathedral Chaplain

COLLECT

Almighty and everlasting God,
you have given us your servants grace,
by the confession of a true faith,
to acknowledge the glory of the eternal
Trinity and in the power of the divine
majesty to worship the Unity:
keep us steadfast in this faith, that we may
evermore be defended from all
adversities; through Jesus Christ your Son
our Lord, who is alive and reigns with
you, in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

ROMANS 8. 12-17

A reading from the letter of Paul to the Romans.

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh—for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, 'Abba! Father!' it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him.

For the word of the Lord

Thanks be to God.

PSALM 29

Ascribe to the Lord, you powers of heaven : ascribe to the Lord glory and strength. Ascribe to the Lord the honour due to his name : worship the Lord in the beauty of holiness.

The voice of the Lord is upon the waters; the God of glory thunders : the Lord is upon the mighty waters. The voice of the Lord is mighty in operation : the voice of the Lord is a glorious voice.

The voice of the Lord breaks the cedar trees : the Lord breaks the cedars of Lebanon; He makes Lebanon skip like a calf : and Sirion like a young wild ox.

The voice of the Lord splits the flash of lightning; the voice of the Lord shakes the wilderness : the Lord shakes the

wilderness of Kadesh. The voice of the Lord makes the oak trees writhe and strips the forests bare : in his temple all cry, 'Glory!'

The Lord sits enthroned above the water flood : the Lord sits enthroned as king for evermore. The Lord shall give strength to his people : the Lord shall give his people the blessing of peace.

JOHN 3. 1-17

Listen to the Gospel of Christ according to Saint John.

Glory to you, O Lord.

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the

presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.'

Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things?

'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

This is the Gospel of the Lord.
Praise to you, O Christ.

PRAYER OVER THE GIFTS

Living God,
receive all we offer you this day.
Grant that hearing your word and
responding to your Spirit,
we may share in your divine life.
We ask this in the name of Jesus Christ
our Lord. **Amen.**

POST COMMUNION

Almighty and eternal God,
you have revealed yourself as Father, Son
and Holy Spirit, and live and reign in the
perfect unity of love:
hold us firm in this faith, that we may
know you in all your ways and evermore
rejoice in your eternal glory,
who are three Persons yet one God,
now and for ever. **Amen.**

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TODAY’S READINGS

ISAIAH 6. 1-8

Isaiah tells of his vision of the Lord in his Temple and how the Lord frees him from his guilt so that he is free to act as the Lord’s messenger to his people.

ROMANS 8. 12-17

St Paul describes the Spirit that leads followers of Jesus into a new relationship with God. This is the Spirit of adoption, who brings believers into the family of Christ as children of the God whom we may now call “Father”.

JOHN 3. 1-17

In a conversation with Nicodemus, a Jewish leader, Jesus talks about a new birth “from above” and “of the spirit” through which all who believe in him may receive eternal life.

NOTICES

Covid 19 Please use the hand sanitiser, complete the Track & Trace form, and observe social distancing regulations as we strive to keep everyone safe in church. When you have arrived in church please take your seat immediately and remain seated until the service begins as other people will be arriving and this will avoid congestion and unnecessary contact in the aisle. After the service please leave the building as directed by the stewards on duty. Please continue wear a face covering when coming to church. If you have a SmartPhone and have downloaded the NHS Covid 19 app

please check in using the QR Code. If you do this there is no need to fill in the Track and Trace form as well.

Service Booklets. Please do take this reading sheet away with you after the service but please leave the service booklet on your seat. The booklets are quarantined until the following Sunday. Thank you!

Prayers. Please continue to pray for the current situation with Covid 19 and for all those who suffer especially the anxious. Please pray too for the recovery and reconstruction of the Church both now and when this crisis is over. Pray for the renewal and growth of the Church in this place.

Bible Study The Rev'd Margaret Harvey (a retired priest in the Cathedral congregation) has agreed to lead a Bible Study for the Mission Area. We will be looking at the Acts of the Apostles (in particular the growing Church) and then some weeks on Paul's letter to the Galatians looking at some problems the Church faces. The Bible Study will be via Zoom on a Tuesday evening at 7pm. The Study will start on **Tuesday 8th June** and will run for 7 weeks. If you would like to join the Bible Study please register with Fr Rex as soon as possible:

RexMatthias@cinw.org.uk

Thank you!

Pattern of Services. Please note that the pattern of weekday services is changing this coming week. There will now be a Eucharist at 9.30am on a Monday morning instead of Tuesday

morning. See below for full details.

Sunday Attendance. Please do continue to book in for Sundays. However, if you subsequently find you are not able to attend, please let Fr Rex know as soon as possible. Thank you!

THE WEEK AHEAD

31st Monday – The Visit of the Virgin Mary to Elizabeth
9.30am Holy Eucharist *at the Cathedral*

1st Tuesday – Justin, Apologist & Martyr
7pm Holy Eucharist *at the Cathedral*

2nd Wednesday – Blandina and her Companions, Martyrs
10.30am Holy Eucharist *on Zoom*

3rd Thursday – Thanksgiving for Holy Communion (Corpus Christi)
10am Holy Eucharist *at the Parish Church*

4th Friday – Feria
9.30am Offeren (*Welsh Eucharist*) *at the Cathedral*

6th Sunday – Trinity 1
9.30am The Parish Eucharist
11am The Cathedral Eucharist

Contact:

01745 532581 (Diocesan Office)

01745 535957 (Parish Church)

Cathedral Website:

www.stasaphcathedral.wales

Parish Church Website:

www.stasaphparishchurch.org.uk