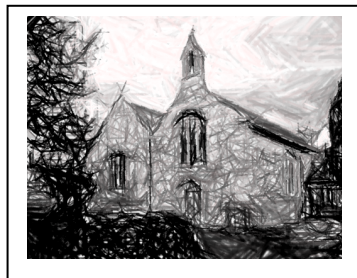


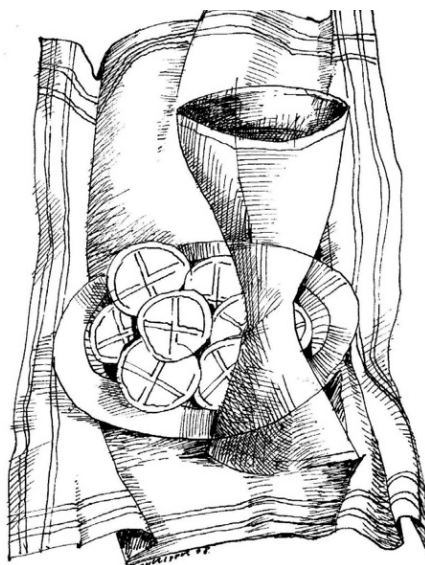


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# Offeren ar gyfer yr **AMSER CYFFREDIN**



## The Eucharist for **ORDINARY TIME**

Wednesday 9<sup>th</sup> September 2020

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you  
**and keep you in the love of Christ.**

*The priest offers words of welcome and introduces the Eucharist*

**Father of glory, holy and eternal,  
look upon us now in power and mercy.  
May your strength overcome our weakness,  
your radiance transform our blindness,  
and your Spirit draw us to that love  
shown and offered to us by your Son,  
our Saviour Jesus Christ. Amen.**

PENITENTIAL RITE

*Silence*

Lord Jesus, you came to reconcile us  
to one another and to the Father.  
Lord, have mercy: **Lord, have mercy.**

Lord Jesus, you heal the wounds of sin and division.  
Christ, have mercy: **Christ, have mercy.**

Lord Jesus, you intercede for us with your Father.  
Lord, have mercy: **Lord, have mercy.**

Almighty God, who forgives all who truly repent,  
have mercy on you and set you free from sin,  
strengthen you in goodness and keep you in eternal life;  
through Jesus Christ our Lord. **Amen.**

## COLLECT

Almighty God,  
who called your Church to bear witness  
that you were in Christ reconciling the world to yourself:  
help us to proclaim the good news of your love,  
that all who hear it may be drawn to you;  
through him who was lifted up on the cross,  
and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

## 1 CORINTHIANS 7. 25-31

A reading from the first letter of Paul to the Corinthians.

Now concerning virgins, I have no command of the Lord, but I give my opinion as one who by the Lord's mercy is trustworthy. I think that, in view of the impending crisis, it is well for you to remain as you are. Are you bound to a wife? Do not seek to be free. Are you free from a wife? Do not seek a wife. But if you marry, you do not sin, and if a virgin marries, she does not sin. Yet those who marry will experience distress in this life, and I would spare you that. I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

For the word of the Lord  
**Thanks be to God.**

## PSALM 45. 10-17

**R: The people will praise you for ever and ever.**

Hear, O daughter; consider and incline your ear;  
forget your own people and your father's house.  
So shall the king have pleasure in your beauty;  
he is your lord, so do him honour.  
The people of Tyre shall bring you gifts;  
the richest of the people shall seek your favour. **R:**

The king's daughter is all glorious within;  
her clothing is embroidered cloth of gold.  
She shall be brought to the king in raiment of needlework;  
after her the virgins that are her companions.  
With joy and gladness shall they be brought  
and enter into the palace of the king. **R:**

'Instead of your fathers you shall have sons,  
whom you shall make princes over all the land.  
'I will make your name to be remembered through all generations;  
therefore shall the peoples praise you for ever and ever.' **R:**

LUKE 6. 20-26

Alleluia. Alleluia. Alleluia.  
**Alleluia. Alleluia. Alleluia.**

Speak, Lord, for your servant is listening;  
you have the words of eternal life. Alleluia.

**Alleluia. Alleluia. Alleluia.**  
The Lord be with you  
**And also with you.**

Listen to the Gospel of Christ according to Saint Luke.  
**Glory to you, O Lord.**

Jesus looked up at his disciples and said:  
'Blessed are you who are poor,  
for yours is the kingdom of God.  
'Blessed are you who are hungry now,  
for you will be filled.  
'Blessed are you who weep now,  
for you will laugh.  
'Blessed are you when people hate you, and when they exclude you, revile you, and  
defame you on account of the Son of Man. Rejoice on that day and leap for joy, for surely  
your reward is great in heaven; for that is what their ancestors did to the prophets.  
'But woe to you who are rich,  
for you have received your consolation.  
'Woe to you who are full now,  
for you will be hungry.  
'Woe to you who are laughing now,  
for you will mourn and weep.  
'Woe to you when all speak well of you, for that is what their ancestors did to the false  
prophets.

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

Alleluia. **Alleluia. Alleluia.**

## THE INTERCESSION

Lord, in your mercy: *Or* Lord, hear us:  
**hear our prayer. Lord, graciously hear us.**

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## THE PEACE

We are the body of Christ. In the one Spirit we were all baptized into one body. Let us pursue all that makes for peace and strengthens our common life.

The peace of the Lord be with you always.  
**And also with you.**

## THE THANKSGIVING

We celebrate together the gifts and grace of God.  
**We take this bread,  
we take this wine  
to follow Christ's example  
and obey his command.**

## PRAYER OVER THE GIFTS

Living host, call us together,  
call us to eat and drink with you;  
grant that by your body and your blood  
we may be drawn to each other and to you;  
who are alive and reign, now and for ever. **Amen.**

## EUCCHARISTIC PRAYER (3)

The Lord be with you.  
**And also with you.**

*Or* The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right,  
it is our duty and our joy  
at all times and in all places to give you thanks and praise,  
holy Father, heavenly King, almighty, everlasting God,  
through Jesus Christ your only Son our Lord.

He is your eternal Word:  
through him you created the universe  
and formed us men and women in your own image.  
You sent him to be our Saviour,  
born of Mary through the power of the Spirit.  
Upon the cross he opened wide his arms of mercy,  
embracing us in perfect love,  
destroying the power of evil, suffering and death.  
On the first day of the week you raised him from the dead  
and opened to us the gate of everlasting life.  
Through him you have given us  
your holy and life-giving Spirit,  
and made us your own sons and daughters.

Therefore with angels and archangels  
and with all the company of heaven  
we proclaim your great and glorious name,  
for ever praising you and saying:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Hear us, heavenly Father,  
through Jesus Christ your Son our Lord.  
Through him accept our sacrifice of praise,  
and grant that, by the power of your Spirit,  
these gifts of bread and wine may be for us  
his body and his blood;

who in the same night that he was betrayed  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying,  
Take, eat; this is my body which is given for you.  
Do this in remembrance of me.

In the same way, after supper,  
he took the cup and gave you thanks;  
he gave it to them, saying,

Drink from this, all of you;  
for this is my blood of the new covenant  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Let us proclaim the mystery of faith:  
**Christ has died.**  
**Christ is risen.**  
**Christ will come in glory.**

Therefore, Father,  
remembering the saving death and resurrection of your Son  
we offer to you in thanksgiving this bread and this cup, your gifts to us,  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send your Holy Spirit upon all of us  
who share this bread and this cup.  
Strengthen our faith, make us one  
and welcome us and all your people  
into the glorious kingdom of your Son.

Through him, with him, in him,  
in the unity of the Holy Spirit  
all honour and glory are yours,  
almighty Father, for ever and ever. **Amen.**

*Silence is kept*

Let us pray with confidence to the Father:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread,  
forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power  
and the glory are yours,  
now and for ever. Amen.**

*The priest breaks the bread*

We break this bread to share in the body of Christ.  
**Though we are many, we are one body  
for we all share in one bread.**

**Lamb of God, you take away the sins of the world:  
have mercy on us.  
Lamb of God, you take away the sins of the world:  
have mercy on us.  
Lamb of God, you take away the sins of the world:  
grant us peace.**

Jesus is the Lamb of God  
who takes away the sins of the world.  
Happy are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**



*As the priest receives Holy Communion, you may like to  
pray this prayer for Spiritual Communion*

My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things, and desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You. Amen.

## POST COMMUNION PRAYER

Give thanks to the Lord for he is gracious:  
**his love is everlasting.**

Creator God,  
you feed your children with the true manna,  
the living bread from heaven:  
let this holy food sustain us through our earthly pilgrimage  
until we come to that place where hunger and thirst are no more;  
through Jesus Christ our Lord. **Amen.**

## THE BLESSING

The Lord be with you.  
**And also with you.**

The God of hope fill you with all joy and peace in believing, that by the power of the Holy Spirit you may be filled with hope.  
And the blessing of God almighty, the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.  
**In the name of Christ.**

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