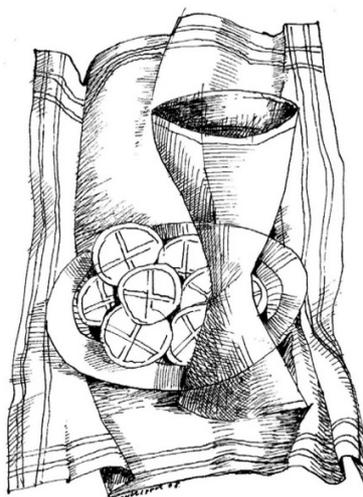




CADEIRLAN
LLANELWY
ST ASAPH
CATHEDRAL

Offeren y Gadeirlan gyfer AMSER CYFFREDIN



The Cathedral Eucharist for ORDINARY TIME

Sunday 22nd August 2021
Trinity 12

Ye holy angels bright,
Who wait at God's right hand,
Or through the realms of light
Fly at your Lord's command,
Assist our song,
For else the theme
Too doth seem
For mortal tongue.

Ye blessed souls at rest,
Who an this earthly race,
And now, from sin released
Behold the Saviour's face,
God's praises sound,
As in his sight
With sweet delight
Ye do abound.

Ye saints, who toil below,
Adore your heavenly King,
And onward as ye go
Some joyful anthem sing:
Take what he gives
And praise him still,
Through good and ill,
Who ever lives!

My soul, bear thou thy part,
Triumph in God above:
And will a well-tuned heart
Sing thou the songs of love!
Let all thy days
Till life shall end,
Whate'er he send,
Be filled with praise.

*Richard Baxter 1615-91 and others
Tune: Darwell's 148th John Darwell*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
and keep you in the love of Christ.

The priest offers words of welcome and introduces the Eucharist

**Father of glory, holy and eternal,
look upon us now in power and mercy.
May your strength overcome our weakness,
your radiance transform our blindness,
and your Spirit draw us to that love
shown and offered to us by your Son,
our Saviour Jesus Christ. Amen.**

PENITENTIAL RITE

Silence

**Heavenly Father,
we have sinned in thought, word and deed,
and have failed to do what we ought to have done.
We are sorry and truly repent.
For the sake of your Son Jesus Christ who died for us,
forgive us all that is past
and lead us in his way
to walk as children of light. Amen.**

Almighty God, who forgives all who truly repent,
have mercy on you and set you free from sin,
strengthen you in goodness and keep you in eternal life;
through Jesus Christ our Lord. **Amen.**

GLORIA IN EXCELSIS

*Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.*

*Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.*

*For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.*

Communion Service in C, Richard Terry

COLLECT *(Please remain Standing)*

Almighty and everlasting God,
you are always more ready to hear than we to pray
and to give more than either we desire or deserve:
pour down upon us the abundance of your mercy,
forgiving us those things of which our conscience is afraid
and giving us those good things which we are not worthy to ask
but through the merits and meditation
of Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

EPHESIANS 6. 10-20

A reading from the letter of Paul to the Ephesians.

Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

For the word of the Lord

Thanks be to God.

PSALM 34. 15-22

The eyes of the Lord are upon the righteous :
and his ears are open to their cry.

The face of the Lord is against those who do evil :
to root out the remembrance of them from the earth.

The righteous cry and the Lord hears them :
and delivers them out of all their troubles.

The Lord is near to the brokenhearted :
and will save those who are crushed in spirit.

Many are the troubles of the righteous :
from them all will the Lord deliver them.

He keeps all their bones :

so that not one of them is broken.
But evil shall slay the wicked :
and those who hate the righteous will be condemned.
The Lord ransoms the life of his servants :
and will condemn none who seek refuge in him.

THE GOSPEL READING

Please Stand

Alleluia. Alleluia.

Speak, Lord, for your servant is listening.

You have the words of eternal life.

Alleluia.

JOHN 6. 56-69

Listen to the Gospel of Christ according to Saint John.

Glory to you, O Lord.

Jesus said:

Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, 'This teaching is difficult; who can accept it?' But Jesus, being aware that his disciples were complaining about it, said to them, 'Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.'

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, 'Do you also wish to go away?' Simon Peter answered him, 'Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Please Sit

THE AFFIRMATION OF FAITH

Please Stand

A Baptismal Creed

**I believe and trust in God the Father,
who created all that is.**

**I believe and trust in his Son Jesus Christ,
who redeemed humankind.**

**I believe and trust in his Holy Spirit,
who gives life to the people of God.**

**I believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

THE INTERCESSION

Please Sit

Lord, in your mercy: *Or* Lord, hear us:
hear our prayer. Lord, graciously hear us.

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

THE PEACE

Please Stand

We are the body of Christ. In the one Spirit we were all baptized into one body. Let us pursue all that makes for peace and strengthens our common life.

The peace of the Lord be with you always.
And also with you.

OFFERTORY HYMN

Be thou my vision, O Lord of my heart,
be all else but naught to me, save that thou art;
be thou my best thought in the day and the night,
both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,
be thou ever with me, and I with thee, Lord;
be thou my great Father, and I thy true son;
be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight;
be thou my whole armour, be thou my true might;
be thou my soul's shelter, be thou my strong tower:
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise:
be thou mine inheritance now and always;
be thou and thou only the first in my heart;
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,
O grant me its joys after vict'ry is won;
great Heart of my own heart, whatever befall,
still be thou my vision, O Ruler of all.

Irish c 8th century, Tr Mary Byrne 1880-1931
Versified Eleanor Hull 1860-1935
Tune: Slane

THE THANKSGIVING

We celebrate together the gifts and grace of God.

**We take this bread,
we take this wine
to follow Christ's example
and obey his command.**

THE PRAYER OVER THE GIFTS

God of life and health,
in your Son Jesus Christ we find forgiveness of all that is past:
grant that in this eucharist today we may find the healing of
 all our sins;
we ask this in the name of Jesus Christ our Lord. **Amen.**

EUCCHARISTIC PRAYER (4)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, it is our duty and our joy
at all times and in all places to give you thanks, holy Father,
all-powerful and everliving God,
through Jesus Christ our Lord.

For he is our great high priest
who has freed us from our sins
and has made us a royal priesthood
serving you, our God and Father.

And so with the hosts of angels and all the company of heaven
we proclaim the glory of your name
and join in their unending hymn of praise:

*Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.*

*Blessed is he who comes in the name of the Lord.
Hosanna in the highest.*

Communion Service in C, Richard Terry

All praise and thanks to you, true and living God,
Creator of all things, Giver of life.
You formed us in your own image;
but we have marred that image and fall short of your glory.
We give you thanks
that you sent your Son to share our life;
you gave him up to death that the world might be saved,
and you raised him from the dead
that we might live in him and he in us.

Sanctify with your Spirit this bread and wine, your gifts to us,
that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread,
and when he had given thanks
he broke it and gave it to his disciples, saying,

Take, eat; this is my body which is given for you:
do this in remembrance of me.

In the same way after supper he took the cup,
and when he had given thanks
he gave it to them, saying,

Drink from this, all of you,
for this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins:
do this as often as you drink it
in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come in glory.

As he has commanded us, Father,
we remember Jesus Christ, your Son.
Proclaiming his victorious death,
rejoicing in his resurrection
and waiting for him to come in glory
we bring to you this bread, this cup.

Accept our sacrifice of thanks and praise.
Restore and revive your people,
renew us and all for whom we pray
with your grace and heavenly blessing,
and at the last receive us with all your saints
into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him,
in the unity of the Holy Spirit
all honour and glory are yours, almighty Father,
for ever and ever. **Amen.**

Silence

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The priest breaks the bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body
for we all share in one bread.**

*Lamb of God, you take away the sins of the world:
have mercy on us.*

*Lamb of God, you take away the sins of the world:
have mercy on us.*

*Lamb of God, you take away the sins of the world:
grant us peace.*

Communion Service in C, Richard Terry

Jesus is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

Holy Communion will be given in one kind only (i.e. the host). Please say "Amen" when the priest says "The Body of Christ" and NOT at the time of receiving holy communion. Please receive in Silence. Thank you.

Please stay 2 metres apart as you queue to receive Holy Communion

For those watching online

*As Holy Communion is administered, you may like to
pray this prayer for Spiritual Communion*

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things, and desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You. Amen.

MOTET

*Lead me, Lord, lead me in thy righteousness,
make thy way plain before my face.
For it is thou, Lord, thou, Lord only,
that makest me dwell in safety.*

*Words: Psalms 5;8, 4: 9
Music: S.S Wesley 1810-76*

Give thanks to the Lord for he is gracious:
his love is everlasting.

Please Stand

God of compassion,
in this eucharist you have set aside our sins
and given us your healing:
grant that we who are made whole in Christ
may bring that healing to this broken world,
in the name of Jesus Christ our Lord. **Amen.**

THE BLESSING

The Lord be with you.
And also with you.

Christ, who nourishes you with himself, the living bread and the true vine, make you one in praise and service, and raise you up at the last day. And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.
Amen.

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

FINAL HYMN

The Church's one foundation
Is Jesus Christ, her Lord;
She is his new creation
By water and the word:
From heaven he came and sought her
To be his holy Bride,
With his own blood he bought her,
And for her life he died.

Yet she on earth hath union
With God the Three in One,
And mystic sweet communion
With those whose rest is won:
O happy ones and holy!
Lord, give us grace that we
Like them, the meek and lowly,
On high may dwell with thee.

Samuel Stone 1839-1900

Tune: Aurelia

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CCL No: 961722

TODAY'S READINGS

JOSHUA 24. 1-2A, 14-18

Choose this day whom you will serve: the Lord who has chosen you or the gods of other people?

EPHESIANS 6. 10-20

Be strong in the Lord and avail yourself of the gifts he has given. Take on the whole armour of God and you will stand firm.

JOHN 6. 56-69

Jesus makes startling claims about himself that are hard to hear, yet there is abundant life for those who are not offended and abide in him.

NOTICES

Covid 19 Please use the hand sanitiser, complete the Track & Trace form, and please continue wear a face covering when coming to church. Some changes are being made as restrictions ease but please take care to keep one another safe.

Service Booklets. Please take this booklet away with you after the service. Thank you!

Prayers. Please continue to pray for the current situation with Covid 19 and for all those who suffer especially the anxious. Please pray too for the recovery and reconstruction of the Church both now and when this crisis is over. Pray for the renewal and growth of the Church in this place.

Organ Recitals. A small series of organ recitals is taking place over the summer. The next, and final one of the series, is as

follows:

Wednesday 1st September at 7.30pm – Richard Lea (Liverpool Metropolitan Cathedral) – there will be a retiring collection afterwards.

THE WEEK AHEAD

23rd Monday – Tydfil, Martyr

12noon Holy Eucharist *at the Cathedral*

24th Tuesday – Bartholomew,

Apostle

7pm Holy Eucharist *at the Cathedral*

25th Wednesday – Feria

10.30am Holy Eucharist *on Zoom*

26th Thursday – Feria

10am Holy Eucharist *at the Parish Church*

10.45am Prayer Group *at the Parish*

Church

12noon to 4.30pm Parish Church open

for private prayer and for visitors

27th Friday – Monica, Mother of

Augustine of Hippo

9.30am Offeren (*Welsh Eucharist*) *at the*

Cathedral

29th Sunday – Trinity 13

9.30am The Parish Eucharist

11am The Cathedral Eucharist

Contact:

01745 532581 (Diocesan Office)

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Cathedral Website:

www.stasaphcathedral.wales

Parish Church Website:

www.stasaphparishchurch.org.uk