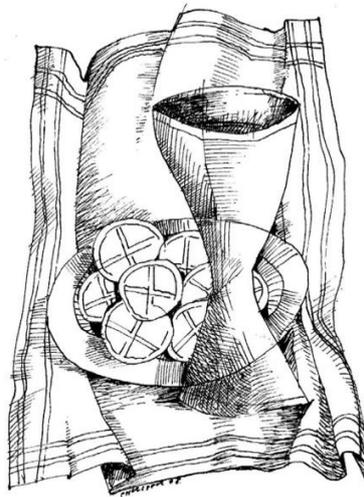


CADEIRLAN
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CATHEDRAL

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The Cathedral Eucharist
for ORDINARY TIME

Sunday 29th August 2021
Trinity 13

Entrance Hymn

Please Stand

All my hope on God is founded;
He doth still my trust renew.
Me through change and chance he guideth,
Only good and only true.
God unknown,
He alone
Calls my heart to be his own.

God's great goodness aye endureth,
Deep his wisdom, passing thought:
Splendour, light and life attend him,
Beauty springeth out of naught.
Evermore
From his store
New-born worlds rise and adore.

Still from man to God eternal
Sacrifice of praise be done,
High above all praises praising
For the gift of Christ his Son.
Christ doth call
One and all:
Ye who follow shall not fall.

Robert Bridges 1844-1930
Based on the German of J. Neander 1650-80
Tune: Michael

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
and keep you in the love of Christ.

The priest offers words of welcome and introduces the Eucharist

**Father of glory, holy and eternal,
look upon us now in power and mercy.
May your strength overcome our weakness,
your radiance transform our blindness,
and your Spirit draw us to that love
shown and offered to us by your Son,
our Saviour Jesus Christ. Amen.**

Penitential Rite

Silence

**Heavenly Father,
we have sinned in thought, word and deed,
and have failed to do what we ought to have done.
We are sorry and truly repent.
For the sake of your Son Jesus Christ who died for us,
forgive us all that is past
and lead us in his way
to walk as children of light. Amen.**

Almighty God, who forgives all who truly repent,
have mercy on you and set you free from sin,
strengthen you in goodness and keep you in eternal life;
through Jesus Christ our Lord. **Amen.**

Gloria in Excelsis

*Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.*

*Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.*

*For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.*

Mass for the Gift of Mercy, Paul Booth

Collect *(Please remain Standing)*

Almighty God,
who called your Church to bear witness
that you were in Christ reconciling the world to yourself:
help us to proclaim the good news of your love,
that all who hear it may be drawn to you;
through him who was lifted up on the cross,
and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

James 1. 17-27

A reading from the letter of James.

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfilment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls.

But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

For the word of the Lord

Thanks be to God.

Psalm 15

Lord, who may dwell in your tabernacle?

Who may rest upon your holy hill?

Whoever leads an uncorrupt life
and does the thing that is right;

Who speaks the truth from the heart
and bears no deceit on the tongue;

Who does no evil to a friend
and pours no scorn on a neighbour;

In whose sight the wicked are not esteemed,
but who honours those who fear the Lord.
Whoever has sworn to a neighbour
and never goes back on that word;
Who does not lend money in hope of gain,
nor takes a bribe against the innocent;
Whoever does these things
shall never fall.

The Gospel Reading

Please Stand

Alleluia. Alleluia.

Speak, Lord, for your servant is listening.

You have the words of eternal life.

Alleluia.

Mark 7. 1-8, 14-15, 21-23

Listen to the Gospel of Christ according to Saint Mark.

Glory to you, O Lord.

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, ‘Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?’ He said to them, ‘Isaiah prophesied rightly about you hypocrites, as it is written, “This people honours me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.” You abandon the commandment of God and hold to human tradition.’

Then he called the crowd again and said to them, ‘Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile.’

For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.’

This is the Gospel of the Lord.

Praise to you, O Christ.

The Affirmation of Faith

Please Stand

A Baptismal Creed

**I believe and trust in God the Father,
who created all that is.**

**I believe and trust in his Son Jesus Christ,
who redeemed humankind.**

**I believe and trust in his Holy Spirit,
who gives life to the people of God.**

**I believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

The Intercession

Sit

Please

Lord, in your mercy: *Or* Lord, hear us:
hear our prayer. Lord, graciously hear us.

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Please Stand

We are the body of Christ. In the one Spirit we were all baptized into one body. Let us pursue all that makes for peace and strengthens our common life.

The peace of the Lord be with you always.
And also with you.

Offertory Hymn

Breathe on me, breath of God,
Fill me with life anew,
That I may love what thou dost love,
And do what thou wouldst do.

Breathe on me, breath of God,
Until my heart is pure,
Until with thee I will one will,
To do and to endure.

Breathe on me, breath of God,
Till I am wholly thine,
Until this earthly part of me
Glows with the fire divine.

Breathe on me, breath of God,
So shall I never die,
But live with thee the perfect life
Of thine eternity.

Edwin Hatch 1835-89

Tune: Carlisle

The Thanksgiving

We celebrate together the gifts and grace of God.

**We take this bread,
we take this wine
to follow Christ's example
and obey his command.**

The Prayer over the Gifts

Living host, call us together,
call us to eat and drink with you;
grant that by your body and your blood
we may be drawn to each other and to you;
who are alive and reign, now and for ever. **Amen.**

Eucharistic Prayer (4)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, it is our duty and our joy
at all times and in all places to give you thanks, holy Father,
all-powerful and everliving God,
through Jesus Christ our Lord.

For he is our great high priest
who has freed us from our sins
and has made us a royal priesthood
serving you, our God and Father.

And so with the hosts of angels and all the company of heaven
we proclaim the glory of your name
and join in their unending hymn of praise:

*Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.*

*Blessed is he who comes in the name of the Lord.
Hosanna in the highest.*

Mass for the Gift of Mercy, Paul Booth

All praise and thanks to you, true and living God,
Creator of all things, Giver of life.
You formed us in your own image;
but we have marred that image and fall short of your glory.
We give you thanks
that you sent your Son to share our life;
you gave him up to death that the world might be saved,
and you raised him from the dead
that we might live in him and he in us.

Sanctify with your Spirit this bread and wine, your gifts to us,
that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread,
and when he had given thanks
he broke it and gave it to his disciples, saying,

Take, eat; this is my body which is given for you:
do this in remembrance of me.

In the same way after supper he took the cup,
and when he had given thanks
he gave it to them, saying,

Drink from this, all of you,
for this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins:
do this as often as you drink it
in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come in glory.

As he has commanded us, Father,
we remember Jesus Christ, your Son.
Proclaiming his victorious death,
rejoicing in his resurrection
and waiting for him to come in glory
we bring to you this bread, this cup.

Accept our sacrifice of thanks and praise.
Restore and revive your people,
renew us and all for whom we pray
with your grace and heavenly blessing,
and at the last receive us with all your saints
into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him,
in the unity of the Holy Spirit
all honour and glory are yours, almighty Father,
for ever and ever. **Amen.**

Silence

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The priest breaks the bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body
for we all share in one bread.**

Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world:

grant us peace.

Mass for the Gift of Mercy, Paul Booth

Jesus is the Lamb of God

who takes away the sins of the world.

Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

Holy Communion will be given in one kind only (i.e. the host). Please say "Amen" when the priest says "The Body of Christ" and NOT at the time of receiving holy communion. Please receive in Silence. Thank you.

Please stay 2 metres apart as you queue to receive Holy Communion

For those watching online

*As Holy Communion is administered, you may like to
pray this prayer for Spiritual Communion*

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things, and desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.

Motet

*Be thou my vision, O Lord of my heart;
Be all else but naught to me, save that thou art;
Be thou my best thought in the day and the night,
Both waking and sleeping, thy presence my light.*

*Be thou my Wisdom, be thou my true word;
Be thou ever with me, and I with thee, Lord;
Be thou my great Father, and I thy true son;
Be thou in me dwelling, and I with thee one.*

*Be thou and thou only the first in my heart;
O Sovereign of heaven, my treasure thou art;
Great heart of my own heart, whatever befall,
Still be thou my vision, O Ruler of all.*

*Words: Early Irish tr. Mary Byrne (1880 – 1931)
versified Eleanor Hull (altered) 1860 – 1935)*

Music: Bob Chilcott (b. 1955)

Give thanks to the Lord for he is gracious:
his love is everlasting.

Please Stand

Creator God,
you feed your children with the true manna,
the living bread from heaven:
let this holy food sustain us through our earthly pilgrimage
until we come to that place where hunger and thirst are no more;
through Jesus Christ our Lord. **Amen.**

The Blessing

The Lord be with you.

And also with you.

The Lord bless you and keep watch over you; the Lord's face shine on you and be gracious to you; the Lord look lovingly on you and give you peace. And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Final Hymn

O Jesus, I have promised
To serve thee to the end;
Be thou for ever near me,
My Master and my Friend;
I shall not fear the battle
If thou art by my side,
Nor wander from the pathway
If thou wilt be my guide.

O let me see thy footmarks,
And in them plant mine own;
My hope to follow duly
Is in thy strength alone;
O guide me, call me, draw me,
Uphold me to the end;
And then in heaven receive me,
My Saviour and my Friend.

John Bode 1816-74

Tune: Wolvercote

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CCL No: 961722

Today's Readings

Deuteronomy 4. 1-2, 6-9

As they enter the promised land, the people of Israel are urged to keep the commandments of God diligently and to make them known to their descendants.

James 1. 17-end

James encourages his readers to allow the word of God to bear fruit in their lives; to be doers of the word and not merely hearers.

Mark 7. 1-8, 14-15, 21-23

Jesus rebukes the Pharisees for being more concerned with outward purity than the heart; he emphasises that the impurity which defiles a person originates in the heart.

Notices

Covid 19 Please use the hand sanitiser, complete the Track & Trace form, and please continue wear a face covering when coming to church. Some changes are being made as restrictions ease but please take care to keep one another safe.

Service Booklets. Please take this booklet away with you after the service. Thank you!

Prayers. Please continue to pray for the current situation with Covid 19 and for all those who suffer especially the anxious. Please pray too for the recovery and reconstruction of the Church both now and when this crisis is over. Pray for the renewal and growth of the Church in this place.

The Week Ahead

30th Monday – Feria

12noon Holy Eucharist *at the Cathedral*

31st Tuesday – Aidan, Bishop

7pm Holy Eucharist *at the Cathedral*

1st Wednesday – Feria

10.30am Holy Eucharist *at the Cathedral*

7.30pm Organ Recital *at the Cathedral*

Richard Lea (Liverpool Metropolitan Cathedral) – there will be a retiring collection afterwards.

2nd Thursday – Lucian Tapiedi & the Martyrs of Papua New Guinea

10am Holy Eucharist *at the Parish Church*

10.45am Prayer Group *at the Parish*

Church

12noon to 4.30pm Parish Church open

for private prayer and for visitors

3rd Friday – Gregory the Great

9.30am Offeren (*Welsh Eucharist*) *at the*

Cathedral

29th Sunday – Trinity 14

9.30am The Parish Eucharist

11am The Cathedral Eucharist

Contact:

01745 532581 (Diocesan Office)

01745 535957 (Parish Church)

Cathedral Website:

www.stasaphcathedral.wales

Parish Church Website:

www.stasaphparishchurch.org.uk